

At-Home Rapid Test Ordering from the State of Minnesota FAQ

High-Level Messages

- Governor Tim Walz announced a new program allowing Minnesotans to order rapid COVID-19 tests online for delivery directly to their homes at no cost.
- Beginning March 29, Minnesotans will be able to order two test kits (for a total of four tests) per home through an online ordering system at mn.gov/covid19. Minnesota has secured 500,000 test kits (for a total of 1 million at-home tests) and the program will be available until all the test kits are ordered.
 - Minnesota will use this program as a model for providing more access to COVID-19 rapid testing in the months ahead.

How To Order a Test

- Minnesotans can visit <https://mn.gov/covid19/get-tested/at-home/index.jsp> [BEGINNING MARCH 29] to find a link to order two tests kits, or four total tests, per household. Tests will be available starting on Tuesday, March 29 at 10 a.m., and will be available until supply has been exhausted.
 - This page also includes more information about the tests, and includes a video showing how to use them.
 - Additional FAQs about the iHealth test can be found at mn.gov/covid19/get-tested/at-home/faq.jsp. [BEGINNING MARCH 29]
- The ordering link is hosted by a fulfillment partner. It is available in English and Spanish. For language assistance, call the MDH COVID-19 Public hotline: 1-833-431-2053 Monday - Friday: 9 a.m. to 7 p.m., Saturday: 10 a.m. to 6 p.m.

At-Home Rapid Test Program FAQ

Where can I get a COVID-19 test?

- Beginning March 29, Minnesotans will be able to visit mn.gov/covid19 to request tests, with a maximum of 2 test kits, or 4 total tests, per household, **while supplies last**. Tests will be available starting on March 29 at 10 a.m., and will be available until supply has been exhausted.
- Minnesotans have other options to access COVID-19 testing.
 - Through the federal government, Minnesotans can order free rapid at-home tests at [CovidTests.gov](https://www.covidtests.gov). Food banks, local public health agencies, community groups and other community health organizations may also have tests available.
 - Costs for over-the-counter at-home COVID-19 tests are now required to be covered by health plans offered by insurance companies, employers, and groups

under actions taken by the Biden Administration. In some circumstances, Minnesotans can receive free tests by showing their insurance card at a store. Minnesotans should check with their health plan prior to purchasing at-home tests to ensure they are following the steps necessary to have costs covered.

- Anyone can walk in or schedule an appointment for a test at one of the state's free COVID-19 Community Testing Sites or find a testing option near them through the state's Find Testing Locations map. Visit mn.gov/covid19/get-tested for more resources.

I do not have Internet access or the site is not in my language. How do I order a free kit?

- Call the MDH COVID-19 Public hotline for language assistance. The hotline is at 1-833-431-2053 Monday - Friday: 9 a.m. to 7 p.m., Saturday: 10 a.m. to 6 p.m.

How does the "Say Yes COVID Test" online ordering portal work?

- Minnesotans will be able to visit the ordering form to request tests, with a maximum of 2 test kits or 4 total tests per household. Tests will be available starting on March 29 at 10 a.m. and will be available until supply has been exhausted.

Can I order tests from both the Minnesota at-home testing program and the federal government testing program?

- Yes, if you live in the state of Minnesota, you can place orders at both the Minnesota website and at [CovidTests.gov](https://covidtests.gov) to receive at-home rapid COVID-19 test kits.

When will I receive my free tests?

- Requested tests will usually ship within 1-2 weeks of ordering.

Where can I go if I have questions about how to use the test that is delivered?

- Learn more at <https://mn.gov/covid19/get-tested/at-home/faq.jsp>. [BEGINNING MARCH 29]

Where can I go if I have questions about other testing options?

- Learn more at <https://mn.gov/covid19/get-tested/index.jsp>.

I cannot give enough tests for everyone in my family through the Minnesota at-home testing online portal. How do I get more tests for my entire family?

- Minnesotans have other options to access COVID-19 testing.
 - Through the federal government, Minnesotans can order free rapid at-home tests at [CovidTests.gov](https://covidtests.gov). Food banks, local public health agencies, community groups and other community health organizations may also have tests available.

- Costs for over-the-counter at-home COVID-19 tests are now required to be covered by health plans offered by insurance companies, employers, and groups under actions taken by the Biden Administration. In some circumstances, Minnesotans can receive free tests by showing their insurance card at a store. Minnesotans should check with their health plan prior to purchasing at-home tests to ensure they are following the steps necessary to have costs covered.
- Anyone can walk in or schedule an appointment for a test at one of the state's free COVID-19 Community Testing Sites or find a testing option near them through the state's Find Testing Locations map. Visit mn.gov/covid19/get-tested for more resources.

FAQ: iHealth COVID-19 At-Home Rapid Test (available online in multiple languages BEGINNING MARCH 29 at mn.gov/covid19/get-tested/at-home/faq.jsp)

What is the iHealth antigen rapid test?

- The iHealth rapid antigen test helps detect the virus that causes COVID-19. If you have symptoms, the test can quickly tell whether you have COVID-19. You can do the nasal swab test anywhere and get results in about 15 minutes.

What is the iHealth antigen rapid test?

- You can use your iHealth test on members of your household who are 2 years old or older at any time. The Minnesota Department of Health recommends testing for the following reasons:
 - You are feeling symptoms of COVID-19;
 - You had a close contact with someone who has COVID-19;
 - You might have been exposed to someone who has COVID-19;
 - You are testing before going to a large gathering.
- If you are getting tested but do not have symptoms, please refer to the iHealth instructions, or to MDH Close Contacts and Quarantine (www.health.state.mn.us/diseases/coronavirus/close.html).

How do I use the test kit?

- Please follow the full directions found in the test kit package. To see how the test works, you can watch this video: How to use the iHealth COVID-19 Antigen Rapid Test (https://youtu.be/qBt_H4Gc-rU).

What if I have symptoms but test negative with the iHealth test?

- Even with a negative rapid test result, someone who has symptoms should take a PCR COVID-19 test and should not return to regular activity until symptoms have improved for 24 hours. Find PCR testing options at Minnesota COVID-19 Response

(mn.gov/covid19). If you have questions about your symptoms, contact a doctor or health care provider.

What if I test positive with the iHealth test?

- If you test positive, stay home and away from others. If you have symptoms, contact a doctor or health care provider. Follow the public health guidance at If You Are Sick or Test Positive (www.health.state.mn.us/diseases/coronavirus/sick.html).

What do I do if I have questions?

Please call the Minnesota Department of Health COVID-19 Public Hotline at 1-833-431-2053, open Monday through Friday from 9 a.m. to 7 p.m., and Saturday from 10 a.m. to 6 p.m.

Additional FAQ Resources

- Questions about how to take the tests we are delivering is available here BEGINNING MARCH 29: [https:// mn.gov/covid19/get-tested/at-home/faq.jsp](https://mn.gov/covid19/get-tested/at-home/faq.jsp)
- Additional FAQ from our shipping vendor is available here: <https://sayyescovidhometest.org/faq>