

Local Advisory Council on Mental Health
October 27, 2021, 12:00- 1:00pm
Via Zoom
Minutes from September 22, 2021 Meeting

Membership: (☒ = Attendance at today's meeting)

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|--|--|
| <input checked="" type="checkbox"/> Lois Cummings, Chair | <input type="checkbox"/> Fran Davies, Children's MH Case Management |
| <input type="checkbox"/> Cindy Larson, Adult Mental Health Services | <input checked="" type="checkbox"/> Jese Stam, Children's MH Case Management |
| <input type="checkbox"/> Mike Giefer, Family Member | <input type="checkbox"/> Kelly Debnam, Adult MH Case Management |
| <input type="checkbox"/> Tamara Domazet, Mental Health Professionals | <input checked="" type="checkbox"/> Mark Wisdorf, Friendship House Coordinator |
| <input type="checkbox"/> Sarah Hanson, Community Support Services | <input type="checkbox"/> Lynda DeVine, Friendship House Coordinator |
| <input checked="" type="checkbox"/> Pastor Jeff Sandgren, Faith Community | <input checked="" type="checkbox"/> Christine Kern, LAC County Contact |
| <input checked="" type="checkbox"/> Kent Rommeriem, NAMI | <input type="checkbox"/> Jim Purfeerst, County Commissioner |
| <input checked="" type="checkbox"/> Cindy Selvik, Chemical Health Services | <input type="checkbox"/> |
| <input type="checkbox"/> Heidi Banks, Friendship House Board Pres. | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

Attendees: Mary Jo Giefer, Rae Ellerbusch, Roberta Erickson, Karen Smalley, Travis Hensersky, Kathryn Sherrick, Ed Wolf, Sarah Dull, Bev Gordman, Margaret Camplin, Lyndsey Reece

Guest Speaker: Janel Slowinski, Mental Health Therapist

Topic: New Adult Mental Health Programs at District One Hospital

Copies: LAC Membership & Mark Shaw, Social Services Director

SUBJECT	DISCUSSION	ACTION	TARGET DATE
Call to order	The meeting was called to order by Lois at 12:03 p.m.		
Introductions & Announcements	We had difficulty getting audio at Friendship House. Participants could hear us but we could not hear them. Jeff & Sarah came up with a solution. Thank you! Please check attendance and identify needed corrections.		
Review & Approval of minutes	A motion was made to approve the minutes of the April 28, 2021 meeting.	Mary Jo 1st, Ed 2 nd motion carried unanimously	
Guest Speaker: Janel Slowinski Mental Health Therapist <u>New Adult Mental Health Programs</u>	Janel reported that District One Hospital is in the process of choosing an alternative name such as Faribault Medical Center. The Partial Hospitalization Program (PHP) is a 15 day intensive program that serves people who are returning to the community from an inpatient program such as a hospital or an IRTS (Intensive Residential		

SUBJECT	DISCUSSION	ACTION	TARGET DATE
District One Hospital/Allina	<p>Treatment Services) program, and people who are living in the community and need a higher level of psychiatric & nursing care to stabilize mental health and prevent hospitalization. Group content is therapeutic and educational and the group size maximum is 8 people. The PHP is currently in a temporary space that necessitates 4 group members participate in-person at the hospital and 4 group members participate virtually from another location. The virtual option allows people with transportation issues to participate in the program.</p> <p>The Adult Mental Health Outpatient Program is more flexible and less intensive than the Partial Hospitalization Program. Psychiatry & nursing care is not available within the program. The number of participants is capped at eight. All groups are virtual and are held on Tuesdays, Wednesdays & Thursdays 12:30-3:30 with a focus on improving coping skills. Interested persons can call the Allina Mental Health Connections Line.</p>		
Mental Health Promotion & Suicide Prevention Strategic Planning Cohort	<p>Lyndsey Reese, PH - MN Department of Health supports <u>Mental Health Promotion and Suicide Prevention Strategic Planning</u> efforts to promote wellness. Rice County Public Health was chosen as a lead advocate with Faribault Public Schools and Healthy Community Initiatives, Northfield as cohorts. The goal is to bring tools and strategies to the community to create and implement a suicide prevention plan. Lyndsey will keep us informed on developments.</p>		
NAMI Report	<p>Kent Rommeriem – The NAMI in Northfield has been approved as an affiliate and plans to contact Northfield and Faribault residents to determine the level of interest in developing a Peer-to-Peer group in Rice County.</p>		
Children’s Mental Health Report	<p>We lost Jese in the confusion over audio and she was unavailable to report – tabled until next meeting.</p>		
Adult Mental Health Report	<p>Kelly was unavailable to report – tabled until next meeting.</p>		
Regional Management Team Report	<p>The South Central Community Based Initiative has created a video to promote Crisis Services in the South Central region.</p>	<p>Chris Kern will add the showing of this promotional video to October’s</p>	<p>10/27/2021</p>

SUBJECT	DISCUSSION	ACTION	TARGET DATE
		agenda.	
Other			
Next Meeting	The next scheduled meeting is on January 26, 2022 at 12:00 noon via zoom.		
Adjournment	A motion was made to adjourn the meeting.	Karen 1 st , Roberta 2 nd , motion carried unanimously	

The Rice County Mental Health Local Advisory Council meets via Zoom on the fourth Wednesday of January, February, March, and April. We celebrate Mental Health Awareness in May. The LAC breaks for the summer months and meets again in September and October, then breaks for the holidays in November & December. Please call Mark or Lynda at 507-333-5840 for Zoom information to attend the LAC.

Respectfully Submitted,

Christine Kern