

**Mental Health Local Advisory Council
Meeting Minutes from February 26, 2020
Rice County Friendship House – Faribault, MN
February 24, 2021 , 12:00- 1:00pm**

Membership: (☒ = Attendance at today’s meeting)

- | | |
|--|--|
| <input type="checkbox"/> Lois Cummings, Chair | <input checked="" type="checkbox"/> Fran Davies, Children’s MH Case Management |
| <input type="checkbox"/> Cindy Larson, Adult Mental Health Services | <input type="checkbox"/> Jese Stam, Children’s MH Case Management |
| <input checked="" type="checkbox"/> Mike Giefer, Family Members | <input checked="" type="checkbox"/> Kelly Debnam, Adult MH Case Management |
| <input type="checkbox"/> Diverse Community Representative | |
| | Mark Wisdorf, Friendship House Coordinator |
| | Lynda DeVine, Friendship House Coordinator |
| <input type="checkbox"/> Mental Health Collective | <input checked="" type="checkbox"/> Heidi Banks, Friendship House Board Pres. |
| <input type="checkbox"/> Tamara Domazet, Mental Health Professionals | <input checked="" type="checkbox"/> Christine Kern, LAC County Contact |
| <input checked="" type="checkbox"/> Faith Community, Pastor Jeff Sandgren | <input type="checkbox"/> Jim Purfeerst, County Commissioner |
| <input checked="" type="checkbox"/> Sarah Hanson, Community Support Services | <input type="checkbox"/> |
| <input type="checkbox"/> Chemical Health Services | <input type="checkbox"/> |

Community Members Attendees: Sarah Dull, Kathryn Sherrick, Bob Ahrens, Cindy Barta, Bev Goordman, Mary Jo Giefer, Roberta Erickson, Ed Wolf, Madonna Budin, Brandon Johnson

Guest Speaker: Tracy Ackman-Shaw

Copies: Membership; Mark Shaw, Social Services Director

SUBJECT	DISCUSSION	ACTION	TARGET DATE
Call to order	The meeting was called to order by Chris at 12pm.		
Review & Approval of minutes	A motion was made to approve the minutes of the meeting.	Cindy B1 st , Mary Jo 2 nd , motion carried unanimously	
Additions to the agenda	None		
Announcements	None		
Guest Speaker: Tracy Ackman Shaw, Representative on Regional Crisis Committee	Tracy discussed the Do1Thing Campaign, which is a web-based twelve month preparedness program that focuses on a different area of emergency preparedness each month, and provides a range of preparedness options for each topic. Every month has a low or no-cost option to become better prepared. The website discusses monthly topics such as “Making a Plan”, “Water”, “Sheltering”, “ (available https://do1thing.com/individuals) .A basic emergency supply kit includes:		

SUBJECT	DISCUSSION	ACTION	TARGET DATE
	<ul style="list-style-type: none"> • <u>Water</u> - one gallon of water per person per day for at least three days, for drinking and sanitation • <u>Food</u> - at least a three-day supply of non-perishable food • Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert • Flashlight • First aid kit • Extra batteries • Whistle to signal for help • Dust mask to help filter contaminated air and plastic sheeting and duct tape to <u>shelter-in-place</u> • Moist towelettes, garbage bags and plastic ties for personal sanitation • Wrench or pliers to <u>turn off utilities</u> • Manual can opener for food • Local maps <p>Tracy also provided information on specific topics for people with disabilities, emergency preparedness for pets, the Corona Virus and the Everbridge Emergency Alert System.</p> <p>The Everbridge system sends emergency notification messages via telephone, text message and email, notifying people of an emergency. Seven members signed up to the Everbridge system, and the group was provided with refrigerator magnets and hand-outs on emergency preparedness.</p>		
Regional Management Team Report	None		
Children's Mental Health Report	<p>Fran Davies stated CMH has created a standing psychiatric appointment with open doors for children and youth. In the past psychiatric appointments for children coming out of residential treatment often had to wait 90 days for an appointment with a psychiatrist when they were discharged with only 30 days of medications. CMH is also addressing language and cultural issues in service provision to youth and families with training. In addition to his CMH case management responsibilities, Fran is a regional representative on the Crisis Committee. He stated the mobile crisis unit is getting more and more use and this is helpful to people and families in crisis</p>		
Next Meeting	Next scheduled meeting is on March 25, 2020		
Adjournment	A motion was made to adjourn the meeting.	Roberta 1 st ,	

SUBJECT	DISCUSSION	ACTION	TARGET DATE
		Madonna 2 nd , motion carried unanimously	

The Rice County Mental Health Local Advisory Council meets at Friendship House, 310 NW 1st Avenue in Faribault from 12:00 p.m. to 1:00 p.m. on the fourth Wednesday of January, February, March, April and May. May is Mental Health Month. Please join us for speakers and activities. We break for the summer months and meet again in September and October, then break for the holidays in November & December.

Respectfully submitted by Lynda Devine.