



**Public Health**  
Prevent. Promote. Protect.  
Rice County Public Health

# Rice County Community Resource Guide 2020

<p><b>Minnesota State Updates</b></p>	<p><b>Minnesota Department of Health</b></p> <p><b>MN Governor</b></p>	<p><a href="http://www.health.state.mn.us/diseases/coronavirus/index.html">www.health.state.mn.us/diseases/coronavirus/index.html</a></p> <p><a href="http://mn.gov/covid19/">mn.gov/covid19/</a></p>
<p><b>Minnesota Hotlines</b></p>	<p><b>School and Child Care</b> 8 a.m. until 6 p.m.</p> <p><b>Health questions</b> 7 a.m. until 7 p.m.</p> <p><b>Discrimination Reports</b> 8 a.m. until 4:30 p.m.</p>	<p>651-297-1304 or 1-800-657-3504</p> <p>651-201-3920 or 1-800-657-3903</p> <p>651-539-1133</p>
<p><b>Medical/Health Resources</b> Please call before going. Telehealth may be available.</p>	<p><b>Allina Health System</b> <b>Faribault Clinic</b> <b>Northfield Clinic</b> <b>District One Hospital</b></p> <p><b>Mayo Clinic Health System</b> <b>- Faribault</b></p> <p><b>Northfield Hospital &amp; Clinics</b></p> <p><b>Northfield Urgent Care</b></p> <p><b>HealthFinders</b> <b>Faribault</b> <b>Northfield</b></p> <p><b>Rice County Public Health</b></p> <p><b>Portico Healthnet</b></p> <p><b>Resources to find low cost health care or health insurance</b></p>	<p><a href="http://www.onlinevisit.allinahealth.org/">www.onlinevisit.allinahealth.org/</a> 507-334-3921 507-663-9000 507-334-6451</p> <p><a href="http://www.mayoclinichealthsystem.org/">www.mayoclinichealthsystem.org/</a> 507-333-3300</p> <p><a href="http://www.northfieldhospital.org/covid-19-coronavirus">www.northfieldhospital.org/covid-19-coronavirus</a> 507-646-1000</p> <p><a href="http://www.northfieldurgentcare.com/">www.northfieldurgentcare.com/</a> 507-664-9999</p> <p><a href="http://www.healthfindersmn.org/">www.healthfindersmn.org/</a> 507-323-8100 507-646-8964</p> <p><a href="http://www.co.rice.mn.us/492/Coronavirus-disease-COVID-19">www.co.rice.mn.us/492/Coronavirus-disease-COVID-19</a> 507-332-6111</p> <p><a href="https://porticohealthnet.org/">https://porticohealthnet.org/</a></p> <p><a href="https://www.health.state.mn.us/disease/coronavirus/materials/hcresources.pdf">https://www.health.state.mn.us/disease/coronavirus/materials/hcresources.pdf</a></p>



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<p><b>Mental Health Resources</b> Please call providers to schedule services. Telehealth services may be available.</p>	<p><b>Online Chemical and Mental Health Resources</b></p> <p><b>Rice County Therapist/Provider list</b></p> <p><b>Rice County Mental Health</b></p> <p><b>South Central Mobile Crisis Team</b></p> <p><b>Centers for Disease Control - Stress &amp; Coping</b></p> <p><b>Mental Health Support</b></p> <p><b>Addiction Recovery Supports During COVID-19</b></p>	<p><a href="http://northfieldhci.org/resources/">northfieldhci.org/resources/</a></p> <p><a href="http://www.co.rice.mn.us/DocumentCenter/View/1006/Mental-Health-Resources-in-Rice-County-PDF">www.co.rice.mn.us/DocumentCenter/View/1006/Mental-Health-Resources-in-Rice-County-PDF</a></p> <p><a href="http://www.co.rice.mn.us/483/Childrens-Mental-Health">www.co.rice.mn.us/483/Childrens-Mental-Health</a> 507-333-3773</p> <p><a href="http://www.horizonhomes.org/south-central-mobile-crisis-team/">www.horizonhomes.org/south-central-mobile-crisis-team/</a> 507-344-0621 or 877-399-3040 (24/7)</p> <p><a href="http://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html">www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html</a></p> <p><a href="https://mn.gov/covid19/for-minnesotans/get-help/mental-health.jsp">https://mn.gov/covid19/for-minnesotans/get-help/mental-health.jsp</a></p> <p><a href="https://sites.google.com/view/addiction-recovery-covid19/">https://sites.google.com/view/addiction-recovery-covid19/</a></p>
<p><b>Dental</b></p>	<p>Call your dental home for Emergency care only. Do not go into the ER or urgent care for dental purposes.</p>	
<p><b>Emergency Food Resources</b></p>	<p>Rice County (English)</p> <p>Rice County (Spanish)</p> <p>Free Meals for Kids</p>	<p><a href="http://www.co.rice.mn.us/DocumentCenter/View/3037/Public-Emergency-Food-List-422020-?bidId=">www.co.rice.mn.us/DocumentCenter/View/3037/Public-Emergency-Food-List-422020-?bidId=</a></p> <p><a href="http://www.co.rice.mn.us/DocumentCenter/View/3122/Spanish-Public-Emergency-Food-List-422020">www.co.rice.mn.us/DocumentCenter/View/3122/Spanish-Public-Emergency-Food-List-422020</a></p> <p><a href="https://hungerimpactpartners.org/">https://hungerimpactpartners.org/</a></p>
<p><b>Food Resources</b></p>	<p>Rice County WIC (Not emergency service)</p> <p>Rice County SNAP</p> <p>Food Safety Resource</p>	<p>507-332-5906</p> <p><a href="http://www.co.rice.mn.us/349/Public-Assistance-Programs">www.co.rice.mn.us/349/Public-Assistance-Programs</a></p> <p><a href="http://www.health.state.mn.us/people/foodsafety/emergency/covid.html">www.health.state.mn.us/people/foodsafety/emergency/covid.html</a></p>



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<p><b>Chamber of Commerce</b> Check page for restaurant and business updates.</p>	<p>Faribault  Lonsdale  Northfield</p>	<p><a href="http://www.faribaultmn.org/covid-19-resource">www.faribaultmn.org/covid-19-resource</a>  <a href="http://www.lonsdalechamber.com/covid-19-resources.htmls/">www.lonsdalechamber.com/covid-19-resources.htmls/</a>  <a href="http://www.northfieldchamber.com/covid-19-resources">www.northfieldchamber.com/covid-19-resources</a></p>
<p><b>Diapers, Wipes, Formula</b></p>	<p>Pregnancy Options  Community Action Center Food Shelf  Growing Up Healthy</p>	<p><a href="http://www.pregnancyoptionsfbo.org/507-332-7644">www.pregnancyoptionsfbo.org/507-332-7644</a>  <a href="https://communityactioncenter.org/programs/">https://communityactioncenter.org/programs/</a> 507-664-3550  <a href="http://growinguphealthy.org/507-664-3527">http://growinguphealthy.org/507-664-3527</a></p>
<p><b>Childcare</b></p>	<p>Minnesota Information for Families and Providers</p>	<p><a href="https://mn.gov/childcare/">https://mn.gov/childcare/</a></p>
<p><b>Housing Resources</b>  For more details on resources, <a href="#">click here.</a></p>	<p>Rice County HRA  Northfield Community Action Center (Northfield)  Northfield Union of Youth (youth up to age 21)  Rice County Social Services Food/Cash Assistance  Three Rivers Community Action (Faribault)  United Way</p>	<p><a href="http://www.co.rice.mn.us/327/Housing">www.co.rice.mn.us/327/Housing</a> 507-333-3787  <a href="https://communityactioncenter.org/programs/">https://communityactioncenter.org/programs/</a> 507-664-3550  <a href="https://unionofyouth.org/">https://unionofyouth.org/</a> 651-999-9795  <a href="https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e2s1">https://applymn.dhs.mn.gov/online-app-web/spring/public/process-login?execution=e2s1</a>  <a href="http://www.threeriverscap.org/">www.threeriverscap.org/</a> 507-332-5995  Dial 211 Text MNCOVID to 898211</p>
<p><b>Homeless Resources</b></p>	<p>Agencies providing coordinated entry</p>	<p><a href="https://threeriverscap.org/sites/default/files/ces_participant_brochure.pdf">https://threeriverscap.org/sites/default/files/ces_participant_brochure.pdf</a></p>
<p><b>Legal Resources</b></p>	<p>MN Legal Aid</p>	<p><a href="http://www.LawHelpMN.org">www.LawHelpMN.org</a></p>
<p><b>Economic Resources</b></p>	<p>Rice County Relief Resource</p>	<p><a href="http://www.co.rice.mn.us/DocumentCenter/">www.co.rice.mn.us/DocumentCenter/</a></p>



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	<p>List</p> <p>Unemployment</p> <p>Payroll Protection Program</p> <p>Guide for Small Businesses</p> <p>Sudden Loss of Income</p>	<p><a href="#">View/3059/Economic-Relief-Resources</a></p> <p><a href="http://www.uimn.org">www.uimn.org</a> 866-814-1252</p> <p><a href="https://www.co.rice.mn.us/DocumentCenter/View/3058/New-Guidance-on-Payroll-Protection-Loans">https://www.co.rice.mn.us/DocumentCenter/View/3058/New-Guidance-on-Payroll-Protection-Loans</a></p> <p><a href="https://mn.gov/deed/newscenter/press-releases/?id=425890">https://mn.gov/deed/newscenter/press-releases/?id=425890</a></p> <p><a href="https://extension.umn.edu/covid-19?utm_source=navigation&amp;utm_medium=top&amp;utm_term=covid&amp;utm_campaign=covid#income">https://extension.umn.edu/covid-19?utm_source=navigation&amp;utm_medium=top&amp;utm_term=covid&amp;utm_campaign=covid#income</a></p>
<b>City</b>	<p>City of Faribault</p> <p>City of Northfield</p> <p>City of Lonsdale</p> <p>City of Dundas</p> <p>City of Morristown</p> <p>City of Nerstrand</p>	<p><a href="http://www.ci.faribault.mn.us">www.ci.faribault.mn.us</a> 507-334-2222</p> <p><a href="http://www.ci.northfield.mn.us">www.ci.northfield.mn.us</a> 507-645-8833</p> <p><a href="http://www.lonsdale.govoffice.com">www.lonsdale.govoffice.com</a> 507-744-2327</p> <p><a href="http://www.cityofdundas.org">www.cityofdundas.org</a> 507-645-2852</p> <p><a href="http://www.morristownmn.org">www.morristownmn.org</a> 507-685-2302</p> <p>507-332-8000</p>
<b>County</b>	Rice County	<p><a href="http://www.co.rice.mn.us/492/Coronavirus-disease-COVID-19">www.co.rice.mn.us/492/Coronavirus-disease-COVID-19</a> 507-332-6100</p>
<b>Utilities</b>	<p>Three Rivers CAP - Energy Assistance open until July 1st.</p> <p>Xcel- contact to make payment plans or if need help</p>	<p><a href="http://www.threeriverscap.org">www.threeriverscap.org</a> 507-316-0610</p> <p><a href="http://www.xcelenergy.com/customer_support">www.xcelenergy.com/customer_support</a> 800-895-4999</p>
<b>Internet</b>	Consolidated	<a href="http://www.consolidated.com/contact-us">www.consolidated.com/contact-us</a>



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<p>Contact for free/low cost internet to support students</p> <p>Contact the local provider to inquire about available programs or plans.</p>	<p>Communications</p> <p>Spectrum</p> <p>Jaguar Communications</p> <p>Bevcom</p>	<p>1-855-399-3084</p> <p><a href="http://www.spectrum.com/browse/content/spectrum-internet-assist">www.spectrum.com/browse/content/spectrum-internet-assist</a> 1-855-243-8892</p> <p><a href="http://www.jaguarcommunications.com/">www.jaguarcommunications.com/</a> 507-214-1000</p> <p><a href="http://www.bevcomm.net/site/">www.bevcomm.net/site/</a> 507-685-4321</p>
<p><b>Chromebooks</b> For distance learning</p>	<p>MAA</p>	<p><a href="https://mnafterschool.org/chromebooks">https://mnafterschool.org/chromebooks</a></p>
<p><b>Transportation</b> Please call to schedule and discuss availability. Practices are changing each day.</p> <p>If you are covered by Medical Assistance with UCare, Health Partners, or Blue Plus please call the number for transportation on the back of your medical card.</p> <p>If private pay, the services listed may transport to COVID-19 testing, based on availability.</p>	<p>Hiawathaland Transit Dial-a-Ride Only to appointments and food resources</p> <p>First Choice Taxi Faribault Northfield</p> <p>Aging Services for Communities</p> <p>Cambridge Transportation</p> <p>Dave's Provide a Ride</p> <p>Handi Van of Rochester</p> <p>National Home Health Care Transportation</p>	<p><a href="https://threeriverscap.org/transportation/hiawathaland-transit">https://threeriverscap.org/transportation/hiawathaland-transit</a> 866-623-7505 x1</p> <p>507-333-0090 507-645-4447</p> <p>507-364-5663</p> <p>651-340-7571</p> <p>952-594-4467</p> <p>844-268-4539</p> <p>320-217-8700</p>
<p><b>Veterans</b></p>	<p>Resources for Veterans</p>	<p><a href="https://www.co.rice.mn.us/497/Resources-for-Veterans">https://www.co.rice.mn.us/497/Resources-for-Veterans</a></p>



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## Rice County Pharmacies

Location	Address	Phone #	Hours of Operation	Pick-up hours
<b>Sterling Pharmacy</b> Free delivery/Free mail outs	Northfield <a href="http://www.yoursterlingpharmacy.com/pharmacy/northfield">www.yoursterlingpharmacy.com/pharmacy/northfield</a>	507-438-0950 Please call ahead for all orders	M-F 8:30a-6p, Sat 9a-2p, Sun-closed	M-F 8:30a-6p, Sat 9a-2p, Sun-closed
<b>Northfield Pharmacy</b> Drive-thru and delivery only	Northfield <a href="http://www.northfieldpharmacy.org/">www.northfieldpharmacy.org/</a>	507-663-0344	M-F 9a-6p Sat 9a-1:30p Sun- closed	M-F 9a-6p Sat 9a-1:30p Sun- closed
<b>Cub Pharmacy</b> Not offering strep or influenza testing	Northfield <a href="http://www.cub.com/stores/view-store.1637.html">www.cub.com/stores/view-store.1637.html</a>	507-664-9029	M-F 8a-8p, Sat 9a-6p, Sun 10a-5p	M-F 8a-8p, Sat 9a-6p, Sun 10a-5p
<b>Econofoods Pharmacy</b> Drive-thru and free deliveries	Northfield <a href="http://www.shopfamilyare.com/locations/northfield/3330">www.shopfamilyare.com/locations/northfield/3330</a>	507-645-4489	M-F 8:30a-9p, Sat 8:30a-4p, Sun 10a-4p	M-F 8:30a-9p, Sat 8:30a-4p, Sun 10a-4p
<b>Target Pharmacy (CVS)</b>	Northfield <a href="http://www.cvs.com/store-locator/cvs-pharmacy-address/2323+Highway+3+S-Northfield-MN-55057/storeid=16566">www.cvs.com/store-locator/cvs-pharmacy-address/2323+Highway+3+S-Northfield-MN-55057/storeid=16566</a>	507-403-4014	M-F 9a-8p Sat/Sun 9a-6p	M-F 9a-8p Sat/Sun 9a-6p
<b>Walgreens Pharmacy</b>	Northfield <a href="http://www.walgreens.com/locator/Walgreens-401-5TH-ST-W-NORTHFIELD-MN-55057/id=9065">www.walgreens.com/locator/Walgreens-401-5TH-ST-W-NORTHFIELD-MN-55057/id=9065</a>	507-645-9658	M-F 9a-9p, Sat 9a-6p, Sun 10a-6p	M-F 9a-9p, Sat 9a-6p, Sun 10a-6p



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<b>Walgreens Pharmacy</b>	Faribault <a href="http://www.walgreens.com/locator/walgreens-612+4th+st+nw-faribault-mn-55021/id=1951">www.walgreens.com/locator/walgreens-612+4th+st+nw-faribault-mn-55021/id=1951</a>	507-332-9783	M-F 8a-10p, Sat 9a-6p, Sun 10a-6p	M-F 8a-10p, Sat 9a-6p, Sun 10a-6p
<b>Sterling Pharmacy</b> Free delivery/Free mail outs	Faribault <a href="http://www.yoursterlingpharmacy.com/pharmacy/faribault">www.yoursterlingpharmacy.com/pharmacy/faribault</a>	507-333-5464 Please call ahead for all orders	M-F 9a-6p, Sat 9a-1p, Sun-closed	M-F 9a-6p, Sat 9a-1p, Sun-closed
<b>Hy-Vee Pharmacy</b> 7a-8a is open for elderly/immunocompromised	Faribault <a href="http://www.hy-vee.com/my-pharmacy">www.hy-vee.com/my-pharmacy</a>	507-334-1555 ext-"0"	M-F 7a-7pm Sat-Sun 9-5pm	M-F 7a-7p Sat-Sun 9-5p
<b>Allina Health District One Pharmacy (hospital)</b> Call to set up delivery and/talk to the pharmacy about the ability to pick up refills.	Faribault <a href="https://account.allinahealth.org/locations/1724">https://account.allinahealth.org/locations/1724</a>	507-497-3097	M-F 9a-5:30p Sat/Sun- closed	M-F 9a-5:30p Sat/Sun- closed
<b>Wal-Mart Pharmacy</b>	Faribault <a href="http://www.walmart.com/cp/pharmacy/5431">www.walmart.com/cp/pharmacy/5431</a>	507-332-0084	M, W-Sat 9a-7p T 6a-7p Sun 10a-6p	M, W-Sat 9a-7p T 6a-7p Sun 10a-6p