

Rice County Child Care Association

September 2019 to April 2020

JOIN US FOR SOME GREAT LOCAL TRAINING!

The following is a list and description of the local training opportunities offered by the Rice County Child Care Association:

Sept 14th: Licensing Updates & Please Pass the Peas - Strategies for Working with Picky Eaters 8:30-11am

Please arrive early

Instructors: Colleen Peterson and Maureen Lyons

Location: Government Building 320 3rd Street NW, Faribault

Colleen will come and give us any updates with licensing and answer any questions.

Interactive discussion of picky eating provides understanding of the negative food issues that can impact life-long eating patterns. Learn strategies to improve acceptance of and willingness to try new foods and increase fruit and vegetable consumption through environmental changes. Find a variety of options to reduce power struggles while incorporating collaboration between home and child care with simple ideas you can use right away.

VII.C: Providing Healthy Nutrition (2 Hours)

Oct 12th: In the Know: Be Prepared! Traveling through licensing inspections 9-11am Instructor: Cyndi Cunningham

Identify how to successfully prepare your Family Child Care for licensing visits. Review the licensing visit process and set goals to ensure a positive visit. Walk away from this course feeling empowered as a Family Child Care provider.

VI: Professionalism (2 Hours)

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

Nov 9th: Breaking Bad...Habits; Setting Boundaries With Families 9-11am Instructor: Deb Colling

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

Set boundaries with families to allow for a professional environment and mutual respect. Discover what boundaries participants want in their unique environment and making a plan to implement them. Create an environment that is open and supportive with families, yet has professional boundaries

III: Relationships with Families (2 Hours)

Dec 14th: Ready for Success! Beyond School Readiness 9-11am Instructor: Stacy Boysen

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

Explore the history and evolution of kindergarten from its inception in 1837 to the present time. Discuss the value of play in children's learning and the role of the educator as a collaborator, recorder, and encourager. Apply the stages of learning through play to real-life educational experiences that support children's school readiness and life skill development.

I: Child Development and Learning (2 Hours)

Jan 11th: SUIDS/AHT training 9-11am Instructor: Sheryl Kalal

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

Meets your FACE-to-FACE requirements under new rules! Face-to-Face is only required every other year, however the association will always offer Face-to-Face training annually!

Feb 8th: Active Supervision: Preventing Child Injuries 9-11am Instructor: Stacy Boysen

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

Meets the Family Child Care provider annual supervision training requirement. This training curriculum will identify the leading causes of early childhood injuries in general, and specific to child care settings; discuss strategies to prevent child injuries in family child care settings via risk assessment and hazard mapping tools; and identify procedures to follow if an injury occurs during care to be in compliance with licensing regulations.

VII.B: Ensuring Safety (2 Hours)

Mar 14th: Early Childhood Mental Health: Why Your Role Matters 9-11am Instructor: Sharyl Kalal

Location: First English Lutheran Church, 204 2nd St. NW, Faribault

This workshop helps participants discover ways in which their early childhood role can nurture the emotional development of young children through interactions, practices, and modeling in order to build secure attachment relationships. Participants will examine what mental health means in young children and discuss specific strategies for providing consistency, responsiveness, and security in an emotionally healthy environment.

. *Meets the II.C requirements*

April 11th: Food Program Training- 9-11am Instructor: Bridgette McCarthy

Location: First English Lutheran Church, 204 2nd St. NW, Faribault 9-11 A.M.

Rice County Child Care Association 2019-2020 Training Opportunities

Registration Information

Name: _____ Day Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

RCCCA Membership fee: \$65.00/year (this is to cover the cost of our certified trainers)

____ Yes, I would like to be a member for \$65

____ **Sat., Sept 14th: Please Pass the Peas - Strategies for Working with Picky Eaters and Licensing Updates**
8:30-11am ***Held at Gov't Building***

Cost: Free to RCCCA members or \$20/non-members ****Please arrive early to register****

____ **Sat., Oct 12th: In the Know: Be Prepared! Traveling through licensing inspections** 9-11am

Cost: Free to RCCCA members or \$20/non-members

____ **Sat., Nov 9th Breaking Bad...Habits; Setting Boundaries With Families** 9-11am

Cost: Free to RCCCA members or \$20/non-members

____ **Sat., Dec 14th: Ready for Success! Beyond School Readiness** 9-11am

Cost: Free to RCCCA members or \$20/non-members

____ **Sat., Jan 11th: SUIDS/AHT training** 9-11am

Cost: Free to RCCCA members, \$10/non-member providers, \$5 for any sub/helpers

____ **Sat., Feb 8th: Active Supervision: Preventing Child Injuries** 9-11am

Cost: Free to RCCCA members or \$20/non-members

____ **Sat., March 14th: Early Childhood Mental Health: Why Your Role Matters** 9-11am

Cost: Free to RCCCA members or \$20/non-members for each session

____ **Sat., April 11th: Food program training-** 9-11am

Cost: Free to RCCCA members or \$20/non-members

Please check the trainings you wish to attend. If you plan on attending our September training just bring this form with you along with payment. If you are unable to attend the September training please send form along with payment made out to RCCCA and mailed to **Jenny Tousignant: 1781 Glynview Trail, Faribault, MN 55021**

Any questions please feel free to contact: Diana Jandro (507) 491-606

All trainings are held at First English Lutheran Church, 204 2nd St. NW, Faribault ****EXCEPT September****