



FOSTER ~ ADOPTION ~ KINSHIP CARE
Training Series
January 17, 2012 – May 19, 2012

Provided By: Minnesota Child Welfare Training System

Co-Sponsored By
Rice County Social Services ~ Steele County Human Services

Trainers
Barbara Karli and Joy McAfee

Pre-Service Training Description: An experienced foster, adoptive or kinship parent and an agency professional will guide participants through an interactive and informative training series filled with activities and learning opportunities. The sessions will provide answers to many important questions. Each module is **three hours**. Each module builds a foundation for the next module. The pre-service modules should follow this sequence.

Module 1: Tuesday, January 17th

Location: Rice County Social Services, 320 NW 3rd Street, Room 3A & 3B, Faribault
6:00 PM – 9:00 PM

Orientation and Overview of Foster/Adoptive/Kinship Care: Participants learn what is involved in becoming foster, adoptive, or kinship provider. They become familiar with licensing and child placement procedures and how they may differ. This training allows caregivers to explore their expectations and the expectations of the child-placing agency.

Module 2: Tuesday, January 31st

Location: Steele County Human Services, 630 Florence Avenue, Owatonna
6:00 PM – 9:00 PM

Team Building: This training emphasizes the role of the caregiver as an advocate for the child and a collaborative member of the social service team. It focuses on accessing appropriate and available services to help achieve protection and permanency.

Module 3: Tuesday, February 7th

Location: Rice County Social Services, 320 NW 3rd Street, Room 3A & 3B, Faribault
6:00 PM – 9:00 PM

Cultural Issues in Placement: Participants will learn skills in becoming culturally competent by exploring their values, attitudes, and patterns of behavior. They will see the importance of developing and nurturing the cultural identity of children and incorporating it into their family.

Module 4: Tuesday, February 21st

Location: Steele County Human Services, 630 Florence Avenue, Owatonna
6:00 PM – 9:00 PM

Family Systems and Abuse and Neglect: Participants will begin to identify the characteristics of families where maltreatment occurs and the role of parents in preventing abuse and neglect. They will explore the contributing factors to maltreatment and learn how abused and neglected children continue to be at increased risk for abuse and neglect even after being placed in foster, adoptive, or kinship care.

Module 5: Tuesday, March 13th

Location: Rice County Social Services, 320 NW 3rd Street, Room 3A & 3B, Faribault
6:00 PM – 9:00 PM

Impact of Abuse and Neglect on Child Development: This training provides an overview of normal childhood development and the impact of abuse and neglect. It also explains how to recognize developmental delays or challenge.

Module 6 and 7: Saturday, March 17th

Location: Steele County Human Services, 630 Florence Avenue, Owatonna
9:00 AM – 4:00 PM

Attachment, Separation, and Placement: This training outlines normal, healthy attachment and the impact on attachment of separation from primary families. Participants will explore how children's developmental levels affect their understanding of and reactions to out-of-home placement.

Discipline: This training examines the importance of discipline based on the child's age, developmental level, past experiences, and their current situation. It also explains the rationale for statutes and rules on physical punishment in alternative care homes.

Module 8: Tuesday, March 27th

Location: Steele County Human Services, 630 Florence Avenue, Owatonna
6:00 PM – 9:00 PM

Primary Families: This training helps the participants to understand the grief process of a birth parent whose children have entered an out-of-home placement and the importance of involving the birth family in case planning, daily decision-making, and other activities to support reunification.

Module 9: Tuesday, April 10th

Location: Rice County Social Services, 320 NW 3rd Street, Room 3A & 3B, Faribault
6:00 PM – 9:00 PM

Sexual Abuse: This training examines the definition and dynamics of child sexual abuse. Participants will learn that sexual abuse is a complex problem and that children who have been sexually abused may have a hard time adjusting to a new home. Additional training and resources to successfully care for these children and teens will be discussed.

Module 10: Tuesday, May 1st

Location: Steele County Human Services, 630 Florence Avenue, Owatonna
6:00 PM – 9:00 PM

Effects of Caregivers on the Family: Participants will learn to recognize signs of family stress and know the importance of developing and using support systems to prevent a family crisis. Procedures will be outlined that are required if allegations of maltreatment are made. Health, hygiene, and nutritional issues will be explored.

Module 11 and 12: Saturday, May 19th

Location: Rice County Social Services, 320 NW 3rd Street, Room 3A & 3B, Faribault
9:00 AM – 4:00 PM

Permanency Issues for Children: Participants will learn the unique aspects of becoming a permanent home for a child who will not be returning to their biological parents. They will begin to understand how post-placement issues such as loss, identity, and loyalties can be complicated for these children and begin to prepare for them. Caregivers will explore the supports for parents and children in their community.

Permanency Issues for Families: This training helps participants recognize the long-term adjustment to adoption for the parent and the child. This includes dealing with grief, loss, identity, control, divided loyalties, and fertility issues as well as the fantasy of being a "dream family".

Trainer Biographies

Barbara Karli, BSW

Ms. Karli has been working with foster families for 19 years and is currently a licensing worker for Dakota County. She has been a social worker and parent educator for over 30 years in both private and public agencies. She is a certified trainer for the curriculum "Beyond Consequences, Logic and Control" which is designed to help foster/adoptive parents understand and nurture children with traumatic histories with an emphasis on relationships and healing.

Joy McAfee, BS

Ms. McAfee is currently a biological, adoptive and foster parent. Since 1988, she has taught children with a variety of special educational needs and worked with both biological and FAK parents in developing healthy family lifestyles. Ms. McAfee has a special interest in the long term effects of neglect and institutionalization on child development and attachment. She is a graduate of FSU, married, and the parent of four adolescents.

Registration Information:

- All currently licensed foster families as well as applicants are encouraged to attend.
- Social services staff members are also encouraged to attend and participate.
- Refreshments will be provided at all sessions.

Please contact your county licensing worker immediately to register for these important training sessions:

Rice County Residents: Contact Cheryl Marek at (507) 332-5964.

Steele County Residents: Contact Tracy Ruitter at (507) 444-7582.

Directions are included to assist you in finding the training locations. You may also use Mapquest at www.mapquest.com. Please call with any questions.

Directions to Steele County Human Services, 630 Florence Avenue, Owatonna:

Take the Bridge Street exit off of I-35W. Go east on Bridge St. to the lights (Appleby's Restaurant landmark) which is near the highway. Turn left on Florence Ave. and go about 1½ blocks to our building on your left. The front entrance will be used for the meetings.

Directions to Rice County Social Services, 320 NW 3rd Street, Faribault:

Take Exit 55 off 35W. Go north to the intersection of highway 60 (4th. St.) and then turn right. You will be traveling east. At the signal lights at the intersection of 4th St and 4th Ave turn right on 4th. Ave. Go south one block. Turn left on 3rd. St. The building's main entrance is on 3rd St. and parking is in the front (south side) of the building.

☺ **CLIP FOR HOME CALENDAR REMINDER** ☺

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January 31	Team Building	Owatonna
February 7	Cultural Issues in Placement	Faribault
February 21	Family Systems and Abuse and Neglect	Owatonna
March 13	Impact of Abuse and Neglect on Child Development	Faribault
March 17	Attachment, Separation, and Placement Discipline	Owatonna
March 27	Primary Families	Owatonna
April 10	Sexual Abuse	Faribault
May 1	Effects of Caregivers on the Family	Owatonna
May 19	Permanency Issues for Children Permanency Issues for Families	Faribault

REGISTRATION

Please detach and mail, fax, or email registration to:

**Tracy Ruitter, tracy.ruitter@co.steele.mn.us
PO Box 890, Owatonna MN 55060-0890
(507) 444-7582**

**Cheryl Marek cmarek@co.rice.mn.us
PO Box 718, Faribault MN 55021-0718
(507) 332-5964**

Name of Person(s) Registering	Day Phone Number	Evening Phone Number

Initial of Person(s) Registering	Date of Training Session	Modules	Location
	January 17	Orientation and Overview of Foster/Adoptive/Kinship Care	Faribault
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