

**Local Advisory Council on Mental Health**  
**April 28, 2021 12:00- 1:00pm**  
**Via Zoom**  
**Meeting Minutes from March 24, 2021**

**Membership:** (☒ = Attendance at today's meeting)

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| <input checked="" type="checkbox"/> Lois Cummings, Chair                   | <input type="checkbox"/> Fran Davies, Children's MH Case Management            |
| <input type="checkbox"/> Cindy Larson, Adult Mental Health Services        | <input type="checkbox"/> Jese Stam, Children's MH Case Management              |
| <input type="checkbox"/> Mike Giefer, Family Member                        | <input checked="" type="checkbox"/> Kelly Debnam, Adult MH Case Management     |
| <input type="checkbox"/> Tamara Domazet, Mental Health Professionals       | <input checked="" type="checkbox"/> Mark Wisdorf, Friendship House Coordinator |
| <input type="checkbox"/> Sarah Hanson, Community Support Services          | <input checked="" type="checkbox"/> Lynda DeVine, Friendship House Coordinator |
| <input checked="" type="checkbox"/> Pastor Jeff Sangren, Faith Community   | <input type="checkbox"/>   |
| <input checked="" type="checkbox"/> Kent Rommeriem, NAMI                   | <input type="checkbox"/>   |
| <input checked="" type="checkbox"/> Cindy Selvik, Chemical Health Services | <input type="checkbox"/>   |
| <input type="checkbox"/> Heidi Banks, Friendship House Board Pres.         | <input type="checkbox"/> Christine Kern, LAC County Contact                    |
| <input type="checkbox"/>   | <input checked="" type="checkbox"/> Jim Purfeerst, County Commissioner         |

Attendees: Sue Apling, Misty Zacharias, Caitlyn Ramberg, Leah Hegg, Susan Warrig, Margaret Camplin, Katrina Ludwig, Robert Daun, Elaine Nesbitt, Sara Galaxy, Kathryn Sherrick, Cindy Barta, Sara Dull

**Guest Speaker:** Ashely Anderson, Northfield Healthy Community Initiative

**Copies:** Membership; Mark Shaw, Social Services Director

SUBJECT	DISCUSSION	ACTION	TARGET DATE
<b>Call to order</b>	The meeting was called to order by Lois at 12:02 pm		
<b>Review &amp; Approval of minutes</b>	A motion was made to approve the minutes of the meeting.	Sarah 1st, Cindy B 2 <sup>nd</sup> motion carried unanimously	
<b>Additions to the agenda</b>	None		
<b>Announcements</b>	None		
<b>Guest Speaker</b>	<p><b>Ashley Anderson, Coordinator at Northfield Healthy Community Initiative (NHCI)</b></p> <p>Ashley spoke about the work the Initiative is doing in response to the opioid epidemic in the Rice County area. The Rice County Opioid Response Project is a multi-agency, integrated project that provides people with opiate substance use disorder services that will assist them in recovery.</p> <p>One important component to opiate recovery is Suboxoen, a prescription medicine that helps alleviate the severe withdraw symptoms associated with opioid use. The Initiative has worked in securing providers</p>		

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	<p>who can who can prescribe Suboxone, and now have other providers also working towards the ability to prescribe Suboxoen.</p> <p>The Initiative has collaborated with the Rice County law enforcement community and other stakeholders in the area to provide Naloxone or Narcan Kits (medication designed to rapidly reverse opioid overdose) to people in the community they suspect are using opioids in an effort to reduce overdose deaths. Other important work the Opioid Project is undertaking includes</p> <ul style="list-style-type: none"> <li>• Rice County Mobile Opioid Support Team: A mobile team that is activated to quickly respond to those in need of opiate recovery services. These services include rapid access to treatment and access to the use of emergency funds for medication, transport and housing</li> <li>• Rice County Family Recovery Support Program Provides support to parents wherever they are in their recovery journey</li> <li>• Upcoming expansion of bilingual chemical health support program</li> <li>• Chemical &amp; Mental Health Fellowship Program: In response to the need for diversity in the chemical health, mental health or social work field the NHCI has partnered with the Northfield Community College Collaborative to offer fellowship for students of color to enter the chemical health, mental health or social work field.</li> </ul>		
<b>Virtual Day on the Hill</b>	<p>Mark Wisdorf reported the Friendship House attended the Mental Health Day on the Hill virtually this year. Clubhouse members met with Representatives Brian Daniels and Todd Lippert. Mental Health legislation concerning the loss of a CADI waiver due to hospitalization or treatment and the need for dedicated mental health beds were topics of discussion with the legislators.</p>		
<b>NAMI Report</b>	<p>Kent reported on the Northfield area NAMI meeting was held via Zoom on March 18, 2021 to determine the service area, unmet needs and specific plan to register as an affiliate. Kent reported a good turn out, and the group is moving forward. The next NAMI meeting will be held on April 8 via Zoom, and the Friendship House will put the meeting time and date in their Newsletter.</p>		
<b>Children's Mental Health Report</b>	NA		

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<b>Regional Management Team Report</b>	Lois reported the RMT will not be meeting next month, and the Stakeholders meeting is cancelled due to the Corona Virus as Stakeholders is a large, 10-county event. Mark reported the SET committee is meeting to explore alternatives for Stakeholders such as Webinars or other virtual learning experiences.		
<b>Next Meeting</b>	Next scheduled meeting is on April 21, 2021 12 noon		
<b>Adjournment</b>	A motion was made to adjourn the meeting.	Cindy B 1 <sup>st</sup> , Kathryn 2 <sup>nd</sup> , motion carried unanimously	

The Rice County Mental Health Local Advisory Council meets via Zoom on the fourth Wednesday of January, February, March, April and May. The LAC breaks for the summer months and meets again in September and October, then breaks for the holidays in November & December. Please call Mark or Lynda at 507-333-5840 for Zoom information to attend the LAC.

Respectfully Submitted,

Lynda Devine