

# Rice County Area

## Breastfeeding Information & Support

This list is not all inclusive and will be updated periodically.  
To provide updates to this list please contact Rice County Public Health: 507-332-6111

Please note that some of the resources may charge for services. Please call and ask before accessing a service.

### Hospitals

Faribault: Allina Health, District One Hospital  
Lactation Consultant/Birth Center: (507) 497-3743  
Breastfeeding education: (507) 497-3743  
Northfield: Northfield Hospital  
Lactation Consultant/Birth Center: (507) 646-1205  
Breastfeeding education/classes: (507) 646-1534  
Owatonna: Allina Health, Owatonna Hospital  
Lactation Consultant/Birth Center: (507) 977-2455  
Breastfeeding education: (507) 977-2455

### Clinics

Your primary care provider is an excellent resource for breastfeeding information

### Newborn Support Groups

(with a lactation counselor/  
consultant present)

Faribault: Baby Stop: (507) 332-6111  
Wakhtiga Carrurta: (507) 333-6400  
Northfield: Baby Talk: (507) 332-6111

### WIC

Faribault: (507) 332-5906  
Lonsdale: (507) 744-5185, Ext. 5906  
Northfield: (507) 645-9576, Ext. 5906

### Rice County Public Health

(Family Child Health offers  
education, support or home visits)

Faribault: (507) 332-6111/TDD (507) 332-6248  
Lonsdale: (507) 744-5185, ext. 6111  
Northfield: (507) 645-9576, ext. 6111

### Breast Pump

Contact your insurance provider to determine your benefits.  
To obtain a breast pump through Medical Assistance: Your doctor will fax the prescription for a pump to your insurance company. You will then be able to pick up your pump at any of the facilities below. Bring your insurance card with you.  
Sterling Drug, 700 Division St. S, Northfield (507) 645-4455  
Allina Health District One Pharmacy, 200 State Ave, Faribault (507) 332-4797  
Allina Health Home Oxygen and Medical Equipment, 1176 East Frontage Road, Owatonna (507) 451-7469  
NEB Doctors of MN can also work with your insurance provider to ship a pump to you.  
Web: <https://nebdr.com> Phone: (877) 434-8777 Email: [support@nebdr.com](mailto:support@nebdr.com)

### Warm Lines

La Leche League of Minnesota/Mercy Hospital (messages returned within 24 hours)	(612) 922-4996
Allina Health Lactation Warm Line (messages returned weekdays 9a-4p and weekends 12p-4p)	(763) 236-7430
Fairview Ridges Breastfeeding Connection (messages returned weekdays 7a-3p)	(952) 892-2552

### Internet Resources

- Allina Health: <https://www.allinahealth.org/Health-Conditions-and-Treatments/Health-library/Patient-education/Beginnings/Breastfeeding/>
- Understanding Minnesota's breastfeeding law: <https://www.publichealthlawcenter.org/resources/legal-protections-nursing-mothers-minnesota-2014-0>